



MOVES FOR SENIORS



MOVES MISSION CONTROL CENTER

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Our Moves Control Center Has One Important Mission: **YOUR HAPPINESS**

OUR SERVICES INCLUDE:

- Personal Moving Consultant
- Local and long-distance moves
- Specialty shipping services for precious family items
- Multi-destination distribution
- Donations and estate distribution
- Packing, space planning and organization
- Online auctions
- Storage, and junk removal
- Clean out services



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1-800-227-0515

Tips to Stay Organized During Your Move

Use this checklist to help you stay organized as you prepare to move into your new home.

- Purge before packing by eliminating clutter and unnecessary items.
- Obtain moving estimates on the phone, in-home, or with Moves for Seniors online 2-way video survey precise records program.
- Itemize inventory of your furniture and belongings to determine what will be moving with you.
- Sort your items into five groups:
 - Keep
 - Donate
 - Throw Away
 - Storage
 - Give to Family
- Obtain a written appraisal of any antique items to verify value.
- If you need assistance with sorting, packing and rightsizing, Moves for Seniors' Senior Move Facilitator can help.
- Make a list of friends and relatives who should be notified of your move.
- Make arrangements for all utilities including phone, internet, cable, water, garbage, gas and electric.
- Notify these services of change of address:
 - Bank
 - Insurance
 - Social security
 - Credit cards
 - Tax bureaus
 - Pharmacy
 - Vehicle registration
 - Organizations & Clubs
- Obtain all needed medical, dental, and veterinary records.
- Keep all daily necessities nearby for quick access at all times.
- Pack a suitcase with items such as clothing, toiletries, medications, etc., for the first night in your new home.
- Label all of your boxes with the contents and the room it belongs in. Mark the top and one side of the box.
- Color-code or clearly label the different rooms of your home to save time when sorting boxes once you arrive.
- Clearly label which boxes should be unpacked first.
- Use FRAGILE labels for boxes containing delicate and breakable items — place one on top and two on the sides.
- Repack computers and electronics in their original boxes or use a box that's slightly larger than the component to allow room for extra packing materials.
- Label the wires, cords, and jacks of your components to make re-connecting your system quick and easy.
- Keep all of your important documents in one place so they are accessible during the transition.
- Confirm your moving date and any services needed.

**Call 1-800-227-0515 or email
info@movesforseniors.com**