



# MOVES FOR SENIORS



MOVES MISSION CONTROL CENTER

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## Our Moves Control Center Has One Important Mission: **YOUR HAPPINESS**

- Free Initial Consultation
- Personal Moving Consultant
- ROOMROVER™ 2-way-video estimates
- Local and Long-distance Moves
- Multi-destination Distribution
- Donations and Estate Distribution
- Online Auctions
- Packing, Planning and Organization
- Storage and Junk Removal
- Clean Out Services



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www.movesforseniors.com  
**1-800-227-0515**

# Tips to Stay Organized During Your Move

**Use this checklist to help you stay organized as you prepare to move into your new home.**

- Purge before packing by eliminating clutter and unnecessary items.
- Obtain moving estimates on the phone, in-home, or with Moves for Seniors online 2-way video survey precise records program.
- Itemize inventory of your furniture and belongings to determine what will be moving with you.
- Sort your items into five groups:
  - Keep
  - Donate
  - Throw Away
  - Storage
  - Give to Family
- Obtain a written appraisal of any antique items to verify value.
- If you need assistance with sorting, packing and rightsizing, Moves for Seniors' Senior Move Facilitator can help.
- Make a list of friends and relatives who should be notified of your move.
- Make arrangements for all utilities including phone, internet, cable, water, garbage, gas and electric.
- Notify these services of change of address:
  - Bank
  - Insurance
  - Social security
  - Credit cards
  - Tax bureaus
  - Pharmacy
  - Vehicle registration
  - Organizations & Clubs
- Obtain all needed medical, dental, and veterinary records.
- Keep all daily necessities nearby for quick access at all times.
- Pack a suitcase with items such as clothing, toiletries, medications, etc., for the first night in your new home.
- Label all of your boxes with the contents and the room it belongs in. Mark the top and one side of the box.
- Color-code or clearly label the different rooms of your home to save time when sorting boxes once you arrive.
- Clearly label which boxes should be unpacked first.
- Use FRAGILE labels for boxes containing delicate and breakable items — place one on top and two on the sides.
- Repack computers and electronics in their original boxes or use a box that's slightly larger than the component to allow room for extra packing materials.
- Label the wires, cords, and jacks of your components to make re-connecting your system quick and easy.
- Keep all of your important documents in one place so they are accessible during the transition.
- Confirm your moving date and any services needed.

**Call 1-800-227-0515 or email  
[info@movesforseniors.com](mailto:info@movesforseniors.com)**