



Transitioning Seniors Downsizing & Re-Settling Services



BEFORE MOVE

- Space plan to determine what furniture will fit in new floor plan
- De-clutter and sort items into groups
 - What goes to new home?
 - What goes to family?
 - What gets stored, sold, donated or disposed?
- Order packing materials and organize packing
- Coordinate donation pick-up
- Manage paper and documents
- Consider staging the home for a better sale

AFTER MOVE

- Organize movers as furniture/boxes come into unit
- Unpack boxes and quickly set up important spaces
- Organize kitchen items in cabinets and closets
- Organize clothing in closets and drawers
- Organize space to create a tranquil environment
- Prepare packing materials for pick-up and disposal
- Assist with shopping, decorating, accessorizing
- Build basic organizing products
- Set up paper management system
- Organize personal IT and digital photos (DFW area only)

Moves for Seniors offers a wide range of solutions to facilitate senior relocations. In addition to the actual logistics of moving furniture and personal belongings to the new home, we have packaged services with our partners to ease the stress of other tasks associated with the transition.

Transition Packages

1. Set up a 2 hour in-home planning meeting at the phone number below
2. Select organizing package based on followup recommendations from planning meeting.
 - 8 hour day - \$737 (includes 2 hour planning meeting fee)
 - 5 hour day - \$523 (includes 2 hour planning meeting fee)
 - 5 hour day - \$358 (basic unpacking with no in-home planning meeting, organizing, or outside product needs)
3. We will offer a discounted price on a second organizer for larger jobs.

This will be discussed at the in-home planning meeting.



For more information contact:
Senior Move Facilitator
972-841-0738

PARTNERS IN SENIOR RELOCATION

Tips to Stay Organized During Your Move

- ☐ Purge before packing by eliminating clutter and unnecessary items.
- ☐ Obtain moving estimates in-home, on the phone, or using Moves for Seniors online 2-way video survey precise records program.
- ☐ Itemize inventory of your furniture and belongings to determine what will be moving with you.
- ☐ Sort your items into five groups:
 - ☐ Keep
 - ☐ Storage
 - ☐ Donate
 - ☐ Give to Family
 - ☐ Throw Away
- ☐ Obtain a written appraisal of any antique items to verify value.
- ☐ If you need assistance with sorting, packing and rightsizing, Moves for Seniors can arrange a visit by a Senior Move Facilitator in your area.
- ☐ Make a list of friends and relatives who should be notified of your move.
- ☐ Make arrangements for all utilities including phone, internet, cable, water, garbage, gas and electric.
- ☐ Notify these services of change of address:
 - ☐ Bank
 - ☐ Insurance
 - ☐ Credit card companies
 - ☐ Social security
 - ☐ Vehicle registration
 - ☐ Tax bureaus
 - ☐ Organizations & Clubs
 - ☐ Pharmacy
- ☐ Confirm your moving date and any services needed.
- ☐ Obtain all needed medical, dental, and veterinary records.
- ☐ Keep all daily necessities nearby for quick access at all times.
- ☐ Pack a suitcase with items such as clothing, toiletries, medications, etc., for the first night in your new home.
- ☐ Label all of your boxes with the contents and the room it belongs in. Mark the top and one side of the box.
- ☐ Color-code or clearly label the different rooms of your home to save time when sorting boxes once you arrive.
- ☐ Clearly label which boxes should be unpacked first.
- ☐ Use FRAGILE labels for boxes containing delicate and breakable items — place one on top and two on the sides.
- ☐ Repack computers and electronics in their original boxes or use a box that's slightly larger than the component to allow room for extra packing materials.
- ☐ Label the wires, cords, and jacks of your components to make re-connecting your system quick and easy.
- ☐ Keep all of your important documents in one place so they are accessible during the transition.



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